

Skin Typing Matrix

Name: _____

Date: _____

Please answer the following questions by circling the number which best describes you. Your clinician will total your score during the consultation.

My Ethnic origin is closest to:	Very fair (Celtic and Scandinavian) Fair skinned Caucasian with light hair and light eyes Pale-skinned Caucasian with dark hair and dark eyes Olive-skinned (Mediterranean, some Asian, some Hispanic) Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans) Very dark-skinned (African)	-- -- -- -- -- --
My eye color is:	Light blue Blue/Green Green/Gray/Golden Hazel/Light Brown Brown	0 1 2 3 4
My natural hair color at age 18 was:	Red Blonde Light brown Dark brown Black	0 1 2 3 4
The color of my skin that is not normally exposed to sun is:	Pink to reddish Very Pale Pale with a beige tan Light brown Medium to dark brown Dark brown to black	0 1 2 3 4 5
If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	Burn, blister and peel Burn, then when burn resolves there is little or no color change Burn, but then turns to tan in a few days Gets pink, but then turns to tan quickly Just tan Just gets darker My skin color is so dark I can't tell	0 1 2 3 4 5 6
When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?	Longer than one month ago Within the past month Within the past two weeks Within the past week	0 1 2 3

Total _____

If your score is:	Your skin type is:
0-3	1
4-7	2
8-11	3
12-15	4
16-19	5
20-24	6

Additional questions:

If you sustain an injury to your skin such as a cut, burn or bruise, how long does it take to fully resolve without any discoloration? _____

What happens if you get an insect/mosquito bite? _____